



FAT CAT PSYCH

Dr. Frank Gaskill

Social Skills for Aspies Dr. Frank Gaskill

This is a social skills and friendship group, focusing on lifeskills, daily living, anger management, and building a healthy self-worth.

Skills to be reviewed:

- How not to stand out in a crowd
- Family relationships
- Conversation skills
- Relaxation and anxiety reduction
- Manners
- How to make friends
- Future life goals

DR. FRANK W GASKILL

Dr. Frank Gaskill is an American psychologist and author who specializes in Asperger Syndrome, effective parenting, and how technology and children can interface safely and successfully.

Gaskill is the co-author of a graphic novel about the Autism Spectrum. In addition to having a comic based on Asperger's, he is also the host of an online video series dedicated to promoting the idea that Asperger's is a more highly evolved brain.



9 Weeks - \$80 per session First and last session parents only

You can see more at fatcatpsych.com questions?

Text me at 704-560-6938

April 5-May 31 6pm

Wednesdays 7pm Adults
April 5-May 31 7pm